

## **TRAINING-OF-TRAINERS WORKSHOP: CALL FOR APPLICANTS**

**Assessing and Managing Suicide Risk (AMSR)** is a one-day training curriculum for mental health professionals that was developed by the Suicide Prevention Resource Center (SPRC), the nation's only federally supported resource center devoted to advancing the National Strategy for Suicide Prevention. SPRC partnered with the American Association of Suicidology and other national suicide prevention experts to establish a set of core competencies for effectively assessing suicide risk, planning treatment, and managing the ongoing care of the at-risk client. *AMSR* was developed to teach 24 core competencies and in 2008 clinician-trainers across the United States began delivering the course.

*AMSR* has been peer-reviewed by a panel of experts and placed on the national Best Practice Registry. It has also been included on the Washington State Department of Health's Model List of Training Programs and meets the Washington State continuing education requirement for training on suicide assessment, management and treatment. The course offers 6.5 hours of continuing education credits through the Washington Chapter of NASW.

Clinicians who have completed AMSR report:

- Increased knowledge in maintaining an effective attitude and approach, collecting accurate assessment information, formulating risk, developing a treatment and services plan, and managing care.
- Increased willingness, confidence, and clarity in working with individuals at risk for suicide.
- Increased ability to identify how they can better care for individuals at risk for suicide.

**Forefront: Innovations in Suicide Prevention** was established at the University of Washington's School of Social Work in 2013 to advance innovative approaches in suicide prevention through policy change, training, interventions, media outreach and evaluation. Forefront values high quality training that provides opportunities for participants to practice clinical skills, that is culturally relevant, that is offered to moderately-sized classes, and that expects the trainers to continually enhance their knowledge and facilitation skills.

### **Why become an AMSR trainer?**

1. To provide a valuable high quality service to your community
2. To stay up-to-date on trends related to suicidal behavior and prevention strategies
3. To make additional money

**Course offering.** A training-of-trainers for AMSR will occur in Seattle, WA on March 4 & 5, 2014. Participants on Day One will experience AMSR; Day Two will be devoted to learning how to deliver AMSR. The master trainer will be Sue Eastgard, MSW, Director of Training, Forefront: Innovations in Suicide Prevention.

All trainees must meet the criteria outlined on below. Tuition for the training is \$140.00 and covers all instructional supplies and CEUs for AMSR/Day One. All travel expenses will be the responsibility of the trainee, but two nights lodging at a nearby hotel will be provided for trainees who live outside of King, Pierce and Snohomish Counties.

Interested individuals meeting the criteria below should submit applications and related materials **no later than January 13, 2014**. Selections will be announced as they are determined, so it is recommended that you submit your application well before the 1/13/14 deadline. All applicants will be notified by e-mail no later than **February 10, 2014** regarding whether they are invited to attend the AMSR ToT.

### Eligibility Criteria

1. Minimum degree: at least master level preparation in a mental health profession;
2. Five or more years as a practicing clinician in an outpatient clinical setting (preferably with some inpatient experience, as well), emergency department, or crisis intervention setting.
3. Currently licensed to practice.
4. Familiarity with the subject matter (maintaining an effective attitude and approach to suicidal clients, collecting accurate information, formulating risk, developing a treatment and services plan, and managing care) as evidenced by: lecturing, attending workshops/conferences, publishing, supervising, training graduate students, and/or research in clinical suicidology.

#### WHERE TO SEND THIS APPLICATION FORM AND OTHER REQUIRED MATERIALS

Please email the following materials to **Sue Eastgard at [eastgard@uw.edu](mailto:eastgard@uw.edu)**

- 1) This completed application
- 2) Your Curriculum Vitae or Resume, and
- 3) A copy of your current license or certification.

Questions?

Call Sue Eastgard at 206 543 1016

[www.intheforefront.org](http://www.intheforefront.org)

## Expectations of Trainers

1. After completion of the ToT, trainers will be expected to conduct a provisional workshop within their own organization - or region of the state - for no more than 15-20 participants. The participant materials for the provisional workshop will be paid by Forefront. The trainer will not be allowed to charge for this workshop.
2. Upon satisfactory completion of the provisional workshop, the trainer will be expected to facilitate a minimum of two AMSR workshops within the following 12 months.
3. Trainers agree to participate in occasional consultative/TA meetings with other trainers and Forefront's Director of Training.
4. Trainers agree to deliver the workshop in a manner consistent with the structure, objectives and content of the AMSR trainer manual.
5. Trainers agree to facilitate workshops that have no fewer than 15 participants and no more than 50.
6. Trainers understand that a representative of Forefront may attend one of their workshops at any time for quality assurance purposes.
7. Trainers agree to respect the copyright of AMSR's audiovisuals and other training materials by not copying, altering, abbreviating, omitting, translating or using them within other programs or promotional material without written permission from SPRC and Forefront.
8. Trainers agree to distribute and collect participant evaluations and then return completed forms to Forefront.
9. There will be two categories of AMSR trainers:
  - Agency-based trainers (conducting workshop as a part of work responsibilities and/or paid by agency)
  - Community –based trainers (conducting workshop on personal time)
10. Agency-based trainers will organize and facilitate AMSR workshops within their own organizations. This includes: arranging training space, promoting the workshop, registering participants, providing Forefront with an Excel file listing the names and email addresses of all registered participants, providing Forefront with the completed sign-in sheet, and providing Forefront with completed evaluations from each participant. Forefront will provide the agency-based trainer with an electronic version of the evaluation but it is the responsibility of the trainer to make copies of the evaluation for each participant. Forefront will also provide the agency-based trainer an electronic copy of the sign-in sheet. Upon receipt of the Excel file (with the names and e-mails of the workshop registrants), the completed sign-in sheet, and the completed evaluations, Forefront will issue the certificates of completion (with CEU verification) to the participants. Agency-based trainers will pay Forefront \$70.00 per participant for workshop materials (including shipping & handling), certificates and CEUs.
11. Community-based trainers will receive considerably more help from Forefront in the organization of the workshop. The workshop will be advertised on the Forefront website and Forefront will work with the community-based trainer to help promote the event. Each participant will register on-line and pay Forefront \$140.00 for the 6.5 hour workshop. Forefront will provide the trainer with the workshop materials, a sign-in sheet and a copy of the workshop evaluation for each participant. Upon completion of the training and receipt of the sign-in sheet, Forefront will provide each participant with a certificate (with CEU verification). Forefront will pay the community-based trainer \$850.00 for each workshop.

Please note: You must provide answers to each question on the application form. It is not sufficient to write "see resume" and attach your resume to the application.

**PERSONAL**

Name: Last \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_

Title (Dr., Mr., Ms.): \_\_\_\_\_ Profession: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address: \_\_\_\_\_

Daytime phone: ( ) \_\_\_\_\_ Fax No.: ( ) \_\_\_\_\_

Type of License/Certification and state: \_\_\_\_\_ Year last issued: \_\_\_\_\_

Highest Degree:  Ph.D.  M.D.  M.S.W.  M.A./M.S.  M.N./M.S.N.  
 Other (please specify) \_\_\_\_\_

Institution/Date Awarded: \_\_\_\_\_

**EMPLOYMENT**

Current Employer: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ Fax No.: ( ) \_\_\_\_\_

Length of employment: \_\_\_\_\_ years Position title: \_\_\_\_\_

Briefly describe the practice setting: \_\_\_\_\_

**OPTIONAL**

Gender:  M  F

Do you consider yourself to be Hispanic/Latino  Yes  No

Do you consider yourself to be  Caucasian/White  African-American/Black

American Indian or Alaska Native  Asian or Pacific Islander  Other: \_\_\_\_\_

**GENERAL PROFESSIONAL EXPERIENCE**

# Years in outpatient practice: \_\_\_\_\_ Describe/summarize below.

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# Years in inpatient practice: \_\_\_\_\_ Describe/summarize below.

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**EXPERIENCE AS A TRAINER**

Describe/summarize trainings that you have delivered to local or regional professional audiences:

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Describe/summarize relevant experience as a training director in clinical, academic, or counseling center settings:

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Describe/summarize relevant experience in a faculty position teaching clinical topics or training clinicians:

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**AVAILABILITY AND ACCESS TO THE MARKET**

Please describe your availability to deliver *Assessing and Managing Suicide Risk Workshops*

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I understand that I need to organize and deliver two AMSR workshops during the next 12 months. Yes \_\_\_\_\_ (please initial)

Describe your experience working as a clinician with racially and ethnically diverse clients.

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Other information you would like to share:

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